FROM THE PRINCIPAL

Dear Parents & Carers,

I once saw a field, with two horses in it. From a distance, each horse looks like any other horse. But if you stop your car, or are walking by, you will notice something quite amazing... Looking into the eyes of one horse will disclose that he is blind. His owner has chosen not to have him put down, but has made a good home for him. This alone is amazing. If you stand nearby and listen, you will hear the sound of a bell. Looking around for the source of the sound, you will see that it comes from the smaller horse in the field. Attached to the horse's halter is a small bell. It lets the blind friend know where the other horse is, so he can follow. As you stand and watch these two friends, you'll see that the horse with the bell is always checking on the blind horse, and that the blind horse will listen for the bell and then slowly walk to where the other horse is trusting that he will not be led astray. When the horse with the bell returns to the shelter of the barn each evening, it stops occasionally and looks back, making sure that the blind friend isn't too far behind to hear the bell. Like the owners of these two horses, God does not throw us away just because we are not perfect or because we have problems or challenges.

He watches over us and even brings others into our lives to help us when we are in need. Sometimes we are the blind horse being guided by the little ringing bell of those who God places in our lives. Other times we are the guide horse, helping others to find their way. Good friends are like that... You may not always see them, but you know they are always there. Please listen for my bell and I'll listen for yours, and remember...

Be kinder than necessary- Everyone you meet is fighting some kind of battle.

Live simply, Love generously, Care deeply, Speak kindly. And leave the rest to God!

FOR WE WALK BY FAITH AND NOT BY SIGHT

Allow God to lead you,

Attila Lendvai
Principal

TRAFFIC MANAGEMENT & CAR SAFETY

Parents are reminded to be considerate when dropping or picking up their children. Some neighbourhood residents have made complaints to police recently about parents who park across or too close to their driveways and council rangers have booked parents as well. NSW law says that drivers can park near driveways but not encroach on the ramp section and definitely not across a driveway. Further more 1m is to be left between parked cars. Some infringements can exceed $300

Example 53

Blocking a driveway
The vehicle marked 'X' is parked illegally.

Example 54

Measurement of distance — children's crossing with red and white posts (an 'emu' crossing)

Example 55

Measurement of distance — pedestrian crossing

Parents using the Kiss & Drop / Pick up of an afternoon are also reminded that queuing CANNOT begin unless you are around the corner and in Girraween Road. Queuing around the corner into Targo Road is a traffic offence and can lead to prosecution.

Parents using the Kiss & Drop / Pick up are asked to ensure that their children can do up their own seat belts. If your child cannot do their seat belt, we would ask that you move forward, along the kerb and out of the Kiss & Drop zone to then do up your child's seat belt. This ensures that the queue of cars can keep moving. We thank you for your co-operation in all aspects of traffic management.
SPRING FAIR
We are very lucky! Actually that’s not the right term because it’s not luck at all. We are fortunate and blessed to have such generous, dedicated and committed people in our midst who continually look to building community here at St Anthony’s. Our Spring Fair was a great example of this. I was extremely proud of the many parents who gave up not just an hour to assist on a stall but those who came on Friday to set up for a few hours, went home to bake cakes, returned on Saturday morning to continue setting up, ran stalls and then packed down everything at the end!! That’s extreme dedication and I am so in awe of you all. A sincere thanks to everyone who made our major fund raiser more than just a fund raiser but a vehicle for getting together to build our community especially for our children.

END OF TERM
Term 3 will conclude on Friday 19th September. ALL students Kindergarten to Year 6 will then resume on Tuesday 7th October.

STAFFING UPDATE
Our school counsellor, Mrs Trudy Ricketts will be away on maternity leave until term 2 2015. Trudy and her husband have been graced with the addition of a little adopted girl into their family. We wish them every blessing on this beautiful event. A replacement counsellor will be announced next term.

SCHOOL UNIFORM
All children should still be wearing their winter uniform until the end of the term. As some days are warming up, it is permissible for girls to wear school socks instead of tights for the remainder of the term. ALL children should then return to school for term 4 in SUMMER uniform. (As usual, a 2 week ‘grace’ period will exist next term in case the weather becomes inclement.)

GRADUATION BEARS
Although Year 6 Graduation is more than 10 weeks away, Year 6 students have an opportunity to purchase signature graduation bears at a cost of about $16. Our uniform supplier is looking for expressions of interest to see if this may be a viable item for the children. The bear would be embroidered with our school crest on the foot. If you would like to consider a bear, please send in a note to the office. We will need a minimum number of orders for this to go ahead.

BULLYING – WHAT PARENTS SHOULD KNOW
by Sheryl Hemphill
Parents are one of the most influential factors when talking about bullying - in that they are the most likely to be able to prevent it. The way parents model appropriate interactions and communication to their children (for example, resolve disagreements, be assertive when appropriate) will impact on how their children interact with others – at school, online, or in the workplace.

In particular, children learn about interacting with others through their observations of others (for example how their parents treat one another and other family members). Parents should aim for an authoritative parenting style: one that includes showing love and care towards a child, gives a child an appropriate level of independence for their age, and also sets clear rules and consequences for inappropriate behaviour.

Parents can help children to develop empathy and learn to take the perspective of another by talking with their children about how others might feel when they behave in certain ways and how they feel given certain behaviours by others.

Providing children with opportunities to play with other children and learn how to do so in social ways under the supervision of parents, gives children the chance to practice interacting in socially acceptable ways from an early age.

But how can the parents know what goes on at school? Despite our best efforts to prevent bullying, it may still occur and parents need to know what to do in situations where their child is bullying others or being bullied by others. Parents should be aware of signs that their children may be bullying someone. This comes down to knowing your child well and detecting changes in behaviour. This includes changes in demeanour, and more obvious signs such as acquisition of money or expensive possessions.

Alternatively, another parent, child, or school staff member may alert a parent that their child is bullying others. In situations where a child is bullying others, parents need to focus on the behaviour (and avoid labelling their child) as behaviours can be changed.

Important steps are for parents to find out from their child’s perspective what has been happening and why s/he may be bullying others. Parents also need to clearly explain that such behaviour is not acceptable and discuss with their children appropriate ways of behaving. In general, punishment is not effective because it does not teach the child alternative ways of behaving.

It is a good idea for parents to seek advice and help from others who may be able to assist the child to learn new ways of interacting as early as possible. Parents may like to talk with a trusted friend or family member, their GP, the school principal or welfare co-ordinator, or search for information from reliable sources on the internet such as

Keep up with all the latest news and information

http://www.stanthonysgirraween.catholic.edu.au  Facebook: facebook.com/StAnthonyS
Twitter: twitter @StAnthonyS_G
accomplished seamstresses and sewers. Please contact Mrs Ward with your name and child’s details if you could assist.

FROM THE ASSISTANT PRINCIPAL
BOUNCE BACK!! — Wellbeing and Resilience Program
You may see our Bounce Back posters in classrooms and around the school! BOUNCE BACK stands for:

Bad times don’t last. Things always get better. Stay Optimistic.
Other people can help if you talk to them. Get a reality check.
Unhelpful thinking makes you feel more upset.
Nobody is perfect – not you and not others. Concentrate on the positives (no matter how small) and use laughter.
Everybody experiences sadness, hurt, failure, rejection and setbacks sometimes. They are a normal part of life. Try not to personalise them.
Blame fairly—how much of events was because of you, and how much circumstances?
Accept the things you can’t change, but try to change what you can first.
Catastrophising exaggerates your worries. Don’t believe the worst possible picture.
Keep things in perspective. It’s only one part of your life.

Last week’s Student of the Week awards were presented to students who displayed RESILIENCE and COPING strategies. Congratulations!

STUDENT OF THE WEEK

<table>
<thead>
<tr>
<th>KG</th>
<th>KW</th>
<th>Ruby Knight</th>
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<tbody>
<tr>
<td>1G</td>
<td>Cooper Fitzpatrick</td>
<td>1W Summer King</td>
</tr>
<tr>
<td>2G</td>
<td>Jason Rubijano</td>
<td>2W Jonas Hartikainen</td>
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<tr>
<td>3G</td>
<td>Alexia Touma</td>
<td>3W Sophia Falzon</td>
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<td>4G</td>
<td>James Ehn</td>
<td>4W Beyonce Kywaah</td>
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<td>5G</td>
<td>Zainab Kamara</td>
<td>5W Mithran Jeganathan</td>
</tr>
<tr>
<td>6G</td>
<td>Keeley Miskell</td>
<td>6W Lauren Cooper</td>
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From Theteconversation.com 8th September 2014
Sheryl Hemphill is a research-only Professor of Psychology at Australian Catholic University.

CAN YOU SEW?
We are looking to create more chair-bags for our infants students, especially kindergarten, and will need the services of some
St Anthony’s School Newsletter

RELIGIOUS EDUCATION

On the last day of this term, St Anthony’s will celebrate Mercy Day. The feast day of Our Lady of Mercy is on 24th September. This is significant to the Sisters of Mercy as it is the day that their foundress, Catherine McAuley, opened the House of Mercy in Dublin, a place of refuge and outreach to the poor and vulnerable. From this, the Sisters of Mercy grew to live the mission of Jesus across the world, including in Girraween, where they established St Anthony’s School.

As demonstrated in Catherine McAuley’s own life, social justice is integral to the Mercy story. Our staff will be exploring this further on our Staff Development Day on Monday. Additionally, on Mercy Day, our Year 6 students will be running a Mercy Market. They are eagerly preparing stalls of food, gifts and sporting activities for all students to choose from, with funds raised going to support Mamre House, a Mercy sponsored work in Orchard Hills that runs programs to encourage social inclusion and enterprise. Everyone is invited to celebrate Mercy Day with us.

MERCY DAY CELEBRATIONS – FRIDAY 19 SEPTEMBER

12:00 Celebration of the Word
12:30 Mercy Market, Kindergarten – Year 2
12:50 Mercy Market, Years 3 – 6
2:15 Annual Staff v Students Netball Match for the “Mercy Cup”

Kind Regards

Robert Barden
Religious Education Coordinator

SCHOOL COMMUNITY GROUP NEWS

FATHERS’ DAY

A big thank you to all of our parent helpers who helped with the Father’s Day Breakfast, Gift Stall and wrapping last week. These events wouldn’t happen without your support and on behalf of the school community we thank you.

Fathers’ Day Raffle winners

<table>
<thead>
<tr>
<th>KG</th>
<th>Jocelyn Ward</th>
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<tr>
<td>1G</td>
<td>Aiden Ward</td>
</tr>
<tr>
<td>2G</td>
<td>Jeremy Gannon</td>
</tr>
<tr>
<td>3G</td>
<td>Dana Aani</td>
</tr>
<tr>
<td>4G</td>
<td>Tashfin Hossain</td>
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<tr>
<td>5G</td>
<td>John Seghabi</td>
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<tr>
<td>6G</td>
<td>Sione Lino</td>
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<table>
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<tr>
<th>KW</th>
<th>Ryan Harris</th>
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<tr>
<td>1W</td>
<td>Cooper Knight</td>
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<tr>
<td>2W</td>
<td>Maddi Whyte</td>
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<tr>
<td>3W</td>
<td>Joelle Azar</td>
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<tr>
<td>4W</td>
<td>Grace Pooley</td>
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<tr>
<td>5W</td>
<td>Kailen Pascua</td>
</tr>
<tr>
<td>6W</td>
<td>Nardyia Niuao</td>
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Please contact Mary Cook 9631 3316, if you wish to attend this enquiry night for R.C.I.A or pastoralassociate@stanthonysschurch.org.au

managed to run out of food. We are looking at a better system to ensure next time those who have RSVP’d for an event do not miss out.

Our sincerest Apologies – The SCG.

Please mark in your calendars Friday 24th October 2014 – This is our School outdoor MOVIE NIGHT. More details will follow in the first week back in term 4.

PARISH NEWS

FAREWELL TO MARGARET & JOHN DREW

On Sunday 14 September, after 8am Mass, we will be holding a morning tea to farewell Margaret and John Drew who recently left our parish. Margaret and John have been parishioners for over 50 years and during this time have been very involved in the running of the parish. They have been especially involved in the hospitality groups within the Parish and also have played a major role in the link between our church and school. Come and join us in the hall for a cup of tea.

VOLUNTEERS NEEDED

Visit a lonely or socially isolated older person living in a nursing home near you. A weekly or fortnightly visit can make the world of difference. Currently we are needing males and females to visit wonderful people within Genista Aged Care Greystanes. To find out more about how you can change somebody’s life, contact Amanda on 0409 503 119 or email asquassoni@chcs.com.au.

THINKING OF BECOMING A CATHOLIC?

Or

Have you a spouse, relative or friend who is not a Catholic and would be interested in finding out about our faith?

Please let them know about this meeting.
Come along with them.

ENQUIRY NIGHT FOR R.C.I.A.
Rite of Christian Initiation for Adults

THURSDAY 9 OCTOBER - 7.30pm in Parish Centre

I will attend the R.C.I.A. meeting on Thursday 9 October.

Name ______________________________________

Phone Number ______________________________

Please contact Mary Cook 9631 3316, if you wish to attend this enquiry night for R.C.I.A

or pastoralassociate@stanthonysschurch.org.au

Keep up with all the latest news and information

www.stanthonyssgirraween.catholic.edu.au  facebook.com/StAnthonyssG  twitter @StAnthonyss_G
JOKES OF THE WEEK

Monday 15th September is Yr 6's Week!

J. Why did the farmer get an award?
A. Because he was outstanding in his field.
   Mrs Higgins

J. What do pirates like to knit with?
A. JARRN.                                Mrs Valentine

J. What do you call a Mexican guy that lost his car?
A. Carlos.                                Billy Nolan

J. What did the rabbit say to the librarian?
A. Can I borrow this book!                Anthony Awkar

J. What is an hour's favourite pet?
A. A two-hour dog.                       Jackson McGahay

J. What is the difference between a teacher and a train?
A. The teacher says "spit out your gum" and the train says "chew chew".  Corey Jammit

J. Who gets the sack every time they go to work?
A. Santa Clause!                          Abigail Mikhail-Wallis

CALENDAR

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Fri</td>
<td>19 Sep</td>
<td>Mercy Day</td>
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<tr>
<td>Fri</td>
<td>19 Sep</td>
<td>Last day of Term 3</td>
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<tr>
<td>Mon</td>
<td>6 Oct</td>
<td>Public Holiday</td>
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<tr>
<td>Tues</td>
<td>7 Oct</td>
<td>First day of Term 4</td>
</tr>
<tr>
<td>Tues</td>
<td>7 Oct</td>
<td>Spring Fair Wrap Up Meeting 7pm - HUB</td>
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<tr>
<td>Sat</td>
<td>1 Nov</td>
<td>Mens' Breakfast at School - 7am</td>
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CANTEEN ROSTER

15th - 19th SEPTEMBER

Monday          Biddy O'Malley, Annemarie Saliba
Tuesday          
Wednesday       
Thursday         
Friday           Linda Knight

UNIFORM SHOP TIMES

The Uniform Shop will next be open on Monday 15th September, 2014 from 8.30am - 9.15am. Orders can be placed through the office at any time.

COMMUNITY NEWS

Worldwide Marriage Encounter Weekend
(a marriage enrichment experience for married couples)
7 - 9 November at Mt Carmel Retreat Centre, Varroville, NSW
Bookings: 02 4283 3435 or wsharpe@bigpond.net.au
www.wwme.org.au www.facebook.com/WWMEasternUnit

ANNULMEMENT INFORMATION NIGHT

Each year the Catholic Tribunal Staff and CCSS Solo Parent Services present an Information Session to help people understand how the process of Annulments in the Catholic Church is conducted. Questions are answered on details such as the length of time it takes, the cost, the role of witnesses, the number of interviews required, the grounds for an Annulment and how to start the process. For the first time we will be holding an Annulment Information night at Springwood. The evening is open to anyone who is interested in gaining greater understanding about the Annulment process. Venue: The Parish Centre, 168 Hawkesbury Rd, Springwood. Date: Tues 14th October Time: 7.30 - 9.30. Cost: $5.00. Registration Essential. PH: 9933 0205 or Email: soloparentservices@ccss.org.au

PRAYER AND REFLECTION DAY

Come along for a lovely day of quiet, peaceful prayer and reflection in beautiful surroundings led by Sr Eileen Quade. The invitation is open to all on Sunday 12th Oct, from 10.30am-3pm. Venue: Marymount Mercy Centre, 36 David Rd, Castle Hill. Cost $10.00. BYO lunch. Bookings essential: Solo Parent Services PH: 9933 0205 Email: soloparentservices@ccss.org.au

Keep up with all the latest news and information

http://www.stanthonysgirraween.catholic.edu.au  facebook.com/StAnthonysG  twitter @StAnthonys_G
1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents & carers

at St ANTHONY’S CATHOLIC PRIMARY SCHOOL, 216 Targo Road, GIRRAWEEN

on Tuesday 14th: 21st: 28th October beginning at 7:00pm in the Library HUB

Learn:
✓ To engage your children’s cooperation by positively noticing and encouraging them
✓ To set clear expectations and help them develop frustration tolerance
✓ To help children’s brains to develop filters for behaving well
✓ To resolve family conflict quietly
✓ Some simple strategies to practise being a calm parent

Registration Fee?
The course will be FREE to St Anthony’s parents.

Register for this course contacting Rowena Laurie at St Anthony’s on 9631 5283

What people are saying...
What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control

Who is running it?
The presenters for this course will be TANYA COSGRAVE, and JOYCE SNEDDEN from Student Well-Being, Catholic Education Office, Parramatta,

For more information contact Mr. Lendvai or Mrs. Ward

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au