FROM THE PRINCIPAL

Dear Parents and Carers,

After Lent, Easter season, and three Sundays of feast days—Pentecost, Most Holy Trinity, and Most Holy Body and Blood of Christ—the Church returns to Ordinary Time. This Sunday’s Gospel from St Mark carries a significant message regarding faith and the Kingdom of God and it consists of two parables about seeds. In the first, Jesus tells those gathered that this is “how it is with the kingdom of God.” A man scatters seed that over time sprouts and develops. Then when the grain is ripe, the man harvests his crop. The emphasis in the parable is on the seed, which seemingly has the power to grow on its own. In this it is like the Kingdom of God. While on earth, Jesus planted the seeds of the kingdom by his life, miracles, teaching, and suffering. However, the kingdom is not yet fully established. Although already present in Jesus and his group of twelve, it has yet to come to fruition; just as the seed in the parable needs time to grow, so does God’s kingdom.

This parable helps us discern something about the kingdom of God and our own faith. In God we live and move and have our being, but God is a mystery and his kingdom, though present, has not yet come into its fullness. Today, the Kingdom of God is present in the Church. The mission of proclaiming the Good News of the Kingdom given to the Apostles is now given to us. But just as seeds need time to come to fruition, so does the Kingdom of God. That is why in the Lord’s Prayer, we pray, “thy kingdom come.” We know that it will come in its fullness at the end of time. All we need is faith. Let us pray for greater faith in God,

Keep a smile on your dial,

Attila
Principal

ST ANTHONY’S FEAST DAY
Our patron’s feast day will be celebrated this Saturday with a special mass at 9:30am in the church followed by morning tea in the church courtyard. All families are welcome to attend. Our school celebrations will be next Monday 15th June.

INFANTS ATHLETICS CARNIVAL
Our Infants (Kinder, Years 1 & 2) Athletics Carnival will be held on Wednesday 24th June at school on Area C. We’d love to have as many mums and dads come and assist and cheer the children on. This will be a ‘fun’ day of great outdoor activities.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30am – 1:30pm</td>
<td>Fun Activities</td>
</tr>
<tr>
<td>1:30pm – 2:15pm</td>
<td>Picnic Lunch</td>
</tr>
<tr>
<td>2:30pm – 3pm</td>
<td>Dance Fever Performance</td>
</tr>
</tbody>
</table>

YEAR 4 EXCURSION – ROCKS WALKING TOUR
Our Year 4 children will be attending an excursion to the Rocks on Friday 19th June as a part of their HSIE unit. More details via the year 4 teachers.

TERM 2 ENDS
The last day for children for term 2 will be Friday 26th June. All children Kinder to Year 6 will return for term 3 on Monday 13th July.

STUDENT LED CONFERENCES (PARENT TEACHER MEETINGS)
Parents are reminded that our 1st Semester reports will be going home on Wednesday 17th June, 2015 and that Student Led Conferences will take place on 23rd June and 24th June from 3:30pm – 4:30pm, 5pm – 6pm and 6:30pm – 7:30pm. Parents are asked to book times via the on-line booking system at www.schoolinterviews.com.au and enter the code GUBL.

SCG MEETING
A reminder that our next SCG meeting will be on Monday 15th June beginning at 7:00pm in the school staff room. All parents are warmly invited.

SPRING FAIR MEETING
Our next Spring Fair Meeting is scheduled for Monday 22nd June at 7:00pm in the school staff room. All parents warmly invited. Please remember that the Spring Fair is our MAJOR fundraiser of the year so we need ALL hands on deck!
FROM THE ASSISTANT PRINCIPAL

SOCIAL SKILLS
This week’s social skill was: JOKES – FUN FOR EVERYONE, NOT JUST ONE

Next week’s social skill is: SHOWING SELF DISCIPLINE

Congratulations to this week’s Student of the Week recipients – JOKES – FUN FOR EVERYONE, NOT JUST ONE

STUDENT OF THE WEEK

<table>
<thead>
<tr>
<th>Grade</th>
<th>Name</th>
<th>Grade</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Salene Pereira</td>
<td>KW</td>
<td>Anastasia Lay</td>
</tr>
<tr>
<td>1G</td>
<td>Kayla Mulligan</td>
<td>1W</td>
<td>Abi Elankeeran</td>
</tr>
<tr>
<td>2G</td>
<td>Zoe Atkinson</td>
<td>2W</td>
<td>Muki Manivannan</td>
</tr>
<tr>
<td>3G</td>
<td>Dante Singh</td>
<td>3W</td>
<td>Lizzie Sarkis</td>
</tr>
<tr>
<td>4G</td>
<td>Evan Luong</td>
<td>4W</td>
<td>Olivia Leota</td>
</tr>
<tr>
<td>5G</td>
<td>Alexandra Zammit</td>
<td>5W</td>
<td>Keenan Pillai</td>
</tr>
<tr>
<td>6G</td>
<td>Owen Yates</td>
<td>6W</td>
<td>Milhren Jeganathan</td>
</tr>
</tbody>
</table>

DANCE FEVER COSTUME ITEMS
Rehearsals for our school performance item in the 3-6 Dance Fever Challenge are in full swing. If you haven’t returned your note, please complete and return to school as soon as possible.

PRIMARY: 3-6 Interschool Challenge
Tuesday 16th June – 5.30-8.30pm
Sydney Olympic Park Sports Centre, Homebush

DRESS REQUIREMENTS FOR THE PERFORMANCE NIGHT
Samba and Waltz - Girls (Nice dress, flat shoes), Boys (Nice trousers, collared shirt)
Hip Hop Performance (Song: Black and Yellow by Wiz Khalifa) – All (Black T-shirt, Sneakers), Girls (Black Leggings), Boys (Black Shorts/Pants).

The students will also be wearing zinc stripes on their faces and yellow/white rag ties that they can attach as a headband, armband, leg tie, waistband/hip tie etc. We are looking for some parent volunteers who may be able to assist with the cutting of the fabric for the rag ties as we need about 100 strips of cloth. Please contact Ms Ducksbury via the office if you can assist.

INFANTS: K-2 Parent Showcase
Wednesday 24 June - 2.30-3.00pm in school playground

Kind Regards
Linda Ducksbury
Assistant Principal

JOKE DAY
Next Monday is Parent’s Joke Day.
J. What gets bigger the more you take away?
A. A Hole.
June Karmacharya

J. What do you call a bee that comes from America?
A. USB.
Nairuti Shah

J. Why do you never give Elsa a balloon?
A. Because she will let it go.
Marcus Heuston

J. What do elephants do in the evening?
A. Watch Elevation.
Tanisha Banerjee

J. How do you fix a broken tomato?
A. With tomato paste.
Fredric Battikha

Keep up with all the latest news and information
www.stanthonysgirraween.catholic.edu.au  facebook.com/StAnthonysoG  twitter @StAnthonysoG
Join the conversation #stanthonysg
COFFEE & CHAT MORNING
A reminder that Monday 22nd June will be our next Coffee & Chat morning at 9:30am in the library. Love to see you there.

YOU AND YOUR CHILD’S LEARNING IN NUMERACY
Keep this date free on your calendar:
Numeracy Evening
Monday 20th July 2015 (Week 2 Term 3)
More details next week.

PARISH NEWS
FIRST HOLY COMMUNION
Parents/Guardians ONLY are invited to attend one of two enquiry sessions to be held Wednesday 17th June at 7:30pm or Saturday 20th June at noon. Both sessions will be held in the church. Any child in Year 4 or higher is eligible provided they have received the Sacrament of Reconciliation.

CALENDAR
Fri 12th June Yr 5 Excursion – Bathurst Goldfields
Mon 15th June SCG Meeting
Fri 19th June Yr 4 Excursion – The Rocks, Sydney
Mon 22nd June Spring Fair Meeting
Fri 26th June Last day of Term 2
Mon 13th July First day of Term 3
Mon 20th July Numeracy Evening

CANTEEN ROSTER
15th – 19th JUNE
Monday
Tuesday
Wednesday
Thursday
Friday Annemarie Saliba

Reminder to Year 6 that your Lunch Macaroni Cheese Meal Deal orders are due back tomorrow, Friday 12th June, 2015.

CANTEEN NEWS – BIRTHDAY TREAT BUCKETS NOW AVAILABLE
Winter Birthday Bucket Treats are available from the canteen. Please fill in the order form and send it back to the canteen

FROM THE SCG
COLOURED SHELTERS
If you recently attended the Athletics Carnival, Soccer Gala Day, Football Knockout or Netball Gala Day you would have noticed our fantastic new coloured shelters. The School Community Group along with Mr Lendvai arranged the purchase of the 8 shelters and printing with the house names and St Anthony’s (on the green shelters).

We have had great feedback from both parents and other schools about how great they look. Keep a look out as you will see them at all our school events from now on.

PERSONALISED CARLINE CAR ID’s
With the increasing number of parents using the afternoon pick up we need to try and make it as easy as possible for the teachers to see the family names for each car. We have come across these fantastic Car ID’s.

The advantage of these are that:
- Gives the teachers a uniform position to locate the family name
- Glare resistant and names are visible from 30m
- Parents are not holding up a sign while approaching the pick-up zone
- It stays attached to the sun-visor so it’s never missing or lost
- They retain your privacy – simply snap them closed after use

The Car ID’s come already printed with your family name so once you receive it, it’s just a matter of putting on your passenger sun-visor.

The cost price is $12.95 which is what we would sell them for, this is not a fundraising event. We are thinking about the safety of all the St Anthony’s children and the ease for teacher to keep the pick-up line moving.

The Car ID’s come already printed with your family name so once you receive it, it's just a matter of putting on your passenger sun-visor.

A note will be coming home in the next few days if you would like to order. Remember this is to make all the cars in the pick-up line uniform, easy for the teachers and OUR CHILDREN’S SAFETY!
10 PHRASES YOU HEAR IN RESILIENT FAMILIES: ARE YOU USING THEM?

Michael Grose explains how children and adults in resilient families tune into each other's needs, choosing situation-specific language, rather than simply regurgitating generalised ‘feel good’ or ‘get on with it’ platitudes. Resilient families develop their own words and phrases to help each other get through the inevitable tough times that each person experiences. The language of resilience generally refers to coping strategies such as empathy, humour and acceptance.

Here are 3 examples of the language of resilience, the coping skills each reflects and the types of situations in which they are applicable. Further examples will be in upcoming Newsletters.

1. “Come on, laugh it off”
   **Strategy:** Humour
   **Good for:** Kids who experience disappointment, failure and even loss.
   Humour is a great coping strategy and a powerful tool for resilience as it heightens feelings of control. Some children and young people will naturally crack jokes or make fun of seemingly serious situations. This is a fantastic way to release stress and handle feelings of helplessness. As a parent you may need to lighten up tense situations by introducing humour of your own, which is something that many dads do really well.

2. “Don’t let this spoil everything”
   **Strategy:** Containing thinking
   **Good for:** Kids who feel overwhelmed; kids who experience rejection; perfectionists.
   The ability to compartmentalise bad events and keep them from affecting all areas of life is a powerful coping skill. Sportspeople, politicians and others who work in the public arena need to be adept at it. When something unpleasant happens during recess, for example, kids need to park their thinking about that event so they can get on with the rest of the day. The ability to compartmentalise thinking is a fantastic life skill kids can learn within their family.

3. “Let’s take a break”
   **Strategy:** Distraction
   **Good for:** Kids experiencing stressful situations; kids who think too much; kids with busy lives.
   When kids are troubled by events or spend too much time brooding, it helps to do something to get their minds off things for a time. Playing games, spending time together, watching some TV, going out – are all good distracters for worried, anxious or stressed kids. Self-distraction is healthy, providing some welcome perspective. It also prevents kids from replaying awful experiences in their heads, blowing them out of proportion.

COMMUNITY NEWS

OLMC PARRAMATTA – OPEN MORNING TOUR

Our Lady of Mercy College Parramatta invites you to attend our Open Morning Tour on June 15, 2015.

Discover how our rich tradition and cutting edge approach makes a Mercy Education at OLMC Parramatta treasured for life. Tour the College and enjoy a ‘comfortable cup of tea’ with the College Leadership Team. The College is now enrolling for 2016 and 2017.

Visit [www.olmc.nsw.edu.au](http://www.olmc.nsw.edu.au) or phone 8838 1222 to reserve your place or obtain further information.

Feast Day - St Anthony of Padua

We are celebrating the feast day of St Anthony of Padua, the patron saint of our parish and school. We would love for you to join us on this special occasion.

**Monday 15th June, 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>10:30-10:50am</td>
<td>The Story of St Anthony in the School Assembly Area</td>
</tr>
<tr>
<td>12:00-12:45pm</td>
<td>Whole School Mass at St Anthony’s Church (presented by Year 2)</td>
</tr>
<tr>
<td>1:15-2:00pm</td>
<td>Family Picnic Lunch (BYO Lunch to share with your child/ren).</td>
</tr>
<tr>
<td>2:00-3:00pm</td>
<td>Afternoon of fun activities (in Peer Support Groups)</td>
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