

Statement on Asthma Management

Implemented: April 2013

Review: April 2015



At St Anthony's School we recognise that Asthma is very common in children. Consequently, the school has procedures in place to ensure that parents, staff and students are aware of the various symptoms and are able to respond competently and appropriately.

Responsibility for the management of a student's asthma is shared. When a doctor diagnoses asthma, parents, staff and students must work together to maximise the continued health and safety of the student.

Parents will:

- Inform the school that their child has asthma and give them a written <u>Asthma Action Plan</u> or similar, prepared by the child's doctor
- Provide sufficient information and equipment to school staff to allow them to support the child at school
- Advise if there has been a change in the child's health, or in their medical management or Asthma Action Plan
- Ensure the child has their reliever medication with them each day at school, along with a spacer. The
 medication must not have expired and should contain plenty of doses, and be labelled clearly with the
 child's name
- Ensure that their child is able to self-administer their medication when required
- Aim for good asthma management at home by taking their child to the doctor for regular reviews, and following medical advice on taking medication.

The school will:

- Encourage parents to provide up to date information about their child, and keep this information in a central location of which all staff are aware
- Conduct regular training, led by a qualified facilitator, informing staff about asthma and how to manage an asthma emergency
- Ensure sufficient Asthma Emergency Kits are available, that staff are aware of their location and they are easily accessible (dates and contents of kits need to be regularly checked and updated accordingly)
- Display <u>Asthma First Aid posters</u> around the school
- Allow students to access (or carry with them) their reliever medication at all times, unless the child is too young to be responsible for using their medication appropriately
- · Allow children (where age appropriate) to carry and administer their own reliever medication as required
- · Advise parents if their child has required medical assistance while at school
- Teach students about the importance of seeking assistance if another student experiences an asthma emergency.

Students will:

- Take their regular preventer medication (generally taken at home in the mornings and/or evenings) if advised by their doctor
- Know how to recognise when their asthma is getting worse and what to do
- Have their reliever medication readily available at all times, particularly during exercise and other physical activities
- Tell their friends that they have asthma (as appropriate), and what to do if they have an asthma attack.

Adapted from "Asthma in School-Aged Children", *Asthma Foundation* website, http://www.asthmafoundation.org.au/asthma_in_school_aged_children.aspx

ASSOCIATED DOCUMENTS

- First Aid Policy
- Medication Policy